

# Preparation for Childbirth & Parenthood

## **This Complete Course Includes:**

- Week 1: Stages of Labor & Delivery - Pain Control & Medical Interventions
- Week 2: Breastfeeding
- Week 3: Baby/Newborn Care
- Week 4: Postpartum Care and Miscellaneous

**You may take any or all of the classes. Class times are 6:30 pm to 8:30 pm.**

## **The dates are as follows:**

February 2nd, 9th, 16th and 23rd. April 6th, 13th, 20th and 27th. June 1st, 8th, 15th and 22nd. August 3rd, 10th, 17th and 24th.

To Register for this Course,  
Please call 262-1354

Location: Northern Montana Hospital -  
4th Floor Conference Room

