

# Preparation for Childbirth & Parenthood

## **This Complete Course Includes:**

- Class 1: Stages of Labor & Delivery - Pain Control, Medical Interventions, Postpartum Care and Miscellaneous
- Class 2: Breastfeeding and Baby/Newborn Care

**You may take either or both of the classes. Class times are 6:30 pm to 8:30 pm.**

## **The Dates are as follows:**

February 11th & 18th

April 8th & 15th

June 3rd & 10th

August 12th & 19th

October 14th & 21st

December 9th & 16th

**Location: Northern Montana Hospital**

**4th Floor Conference Room**



**To Register for this Course,  
Please call 262-1354**